

2023 Keota Fun Run  
Registration Form

**When: Saturday, June 10, 2023 - Registration is at 7:30 am with an 8:00 am start!**

**Where: We will start and end at Keota City Hall - 225 E Broadway; Keota, Iowa 52248**

**Race Options: 5K or 1 mile Walk/Run. Medals will be given for top 3 finishers in each age group.**

**Cost: \$20 per runner. All proceeds will benefit Keota's After Prom program. Checks payable to Keota After Prom.**

**Deadline: You can sign up until race day, but to guarantee a t-shirt, you must sign up by May 19, 2023.**

**Questions: Contact Tomisha Hammes at 319.430.3689.**

**Sponsors: We are excited and honored to partner with Washington Keokuk County Corn & Soybean Growers as well as Elite Sports to bring you a fun and safe race! The first 60 runners will receive a Washington Keokuk County Corn & Soybean Growers water bottle!**



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Return Bottom Portion to: Keota Farmers Coop or Mail to - 110 N. Lincoln St., Keota, Iowa 52248

Name \_\_\_\_\_ Age on June 10, 2023 \_\_\_\_\_ Gender \_\_\_\_\_

Phone \_\_\_\_\_ Email address \_\_\_\_\_

**Please circle your shirt size:** Youth - S M L      Adult - S M L XL XXL XXXL  
Please add \$2 for XXL and XXXL sizes

OR - Check here if you choose NOT to receive a t-shirt

**Event: 5K or 1 Mile (Circle One)**

In consideration of your acceptance of this entry, I hereby for myself, my heirs, executors and administrators, waive any and all rights and claims for damages I may have against individuals associated with the event, sponsors, and officials, for any and all injuries suffered by me during, because of or in travel to and from the said event. I attest and verify that I have full knowledge of the risk involved in this event and I am physically fit and sufficiently trained to participate in this event.

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Signature or Signature of Parent or Guardian if under 18

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Date